



## Race Rules:

**First aid 111 Care** – If you find an injured rider see if they need assistance. If so, an injured rider should have someone remain with them and someone else goes for help to a marshal or the First Aid truck.

**Passing rules** – Call out “passing on the left/right” “move to the left/right/” Anyone who “bullies” a slower rider will be black-flagged and removed from the race!!!

**DNF** – If you are pulling out of the race, please return your number and tell the timekeepers.

We cannot guarantee that there won't be walkers or other cyclists in the area, if you come across them be polite and communicate as to how you will pass.

**Rubbish:** riders do not drop rubbish in the paddock or on the racetrack. Squeezy sachets are unsightly and last for years. Don't drop them. Other track users recognise such rubbish is from bikers, bad for our image. There are no rubbish bins on site so take your entire rubbish home.

**Braziers:** Are ok to bring along but you must bring your own firewood and must have an extinguisher at hand.

**Dogs:** No Dogs Allowed on Rabbit Island.

Ride with your own race number. This is what will be recorded. If you are not racing a lap stay off the trails and don't ride through the timing area.

The last lap will begin at 3.40pm and the trail will be taped off.

Times and placing's will be posted regularly on the inside of the white tent. Don't hassle the timekeepers, as it's a full-on job.

**Note Important** – once you receive your number plates fit them to your bike then ride over the timing mat at the start/finish and listen for a beep - if there's no beep this means your number is not working so see the time keeper.